



INDULGENCETM PLAN TREATMENTS

Dream Drizzle Massage

Back & scalp

A soothing massage with aromatic oils, paired with gentle scalp pressure points and breathwork, designed to calm a busy mind and release tension.

Calming oils, warm compresses, mindful breathing

Deep peace | Improved sleep | Tension relief

*Elevate to VOYA treatment - REST**

Island Buff & Nourish

Arms and legs

A fresh blend of coconut and raw sugar scrub polishes the skin, followed by an application of lime and ylang-ylang oil to restore softness and glow.

Tropical scrub, warm oil, light effleurage

Hydrated skin | Energised body | Smooth texture

*Elevate to VOYA treatment - ZEST**

Botanical Radiance Facial

Face, neck, décolleté

This refreshing facial uses lavender and orange blossom water, a botanical cleanse, and a soothing jojoba oil facial massage. Finished with jade rolling to reduce puffiness.

Floral mist, oil massage, cooling jade tools

Detox | Reduced inflammation | Radiant glow

*Elevate to VOYA treatment - BALANCE**

Barefoot Bliss

Legs and feet

A coffee-sea salt foot polish begins the journey, followed by a massage with lemongrass and mint oil and reflex-style stimulation for energising flow.

Scrub, energising oils, reflex work

Refreshed feet | Recharged legs | Mental uplift

*Elevate to VOYA treatment - ZEST**

Maadhoo Harmony

Arms, scalp, feet

This signature mix includes a gentle arm and hand massage, a foot ritual with grounding oil, and a cooling scalp massage with aromatic oils for holistic reset.

Targeted treatment areas, foot soak, aromatherapy

Refreshed feet | Recharged legs | Mental uplift

*Elevate to VOYA treatment - BALANCE**

*Refine your ritual with elevated enhancements (supplements apply)