

The SERENITY™ Plan Treatments

45 Minutes



CALM ARRIVAL FACIAL

Indulge in a restorative facial ritual beginning with a delicate cleanse to purify the skin, followed by a soothing facial massage to activate vital pressure points and enhance energy flow. The treatment concludes with a nourishing mask, revealing a luminous, revitalized complexion.

JET LAG EXPRESS MASSAGE

A focused therapeutic treatment combining a neck and shoulder massage with Gua Sha to release tension and improve circulation, leaving the body refreshed and rebalanced.

TAN ACCELERATOR

Under the Maldivian sun, your skin effortlessly embraces a golden glow. The ELE|NA Tan Accelerator therapy uses organic local products to boost your skin's natural melanin production, ensuring a safe and radiant tan. With every touch, your sun-kissed complexion feels as natural and beautiful as the paradise around you.

SERENITY STRETCH

A restorative therapy designed to release tension through guided upper body stretching, followed by precise pressure point work on the legs and feet to stimulate energy flow. The experience is completed with soothing stretches, promoting flexibility, circulation, and deep relaxation.





Enhancement to your Serenity Plan

LINGER LONGER (MASSAGE TIME)

15 minutes \$35 30 minutes \$60

A focused therapeutic massage designed to target one specific area of concern. Using a combination of pressure, stretching, and muscle-release techniques, this treatment helps alleviate tension, improve circulation, and provide immediate relief in a short amount of time.

SOUND HEALING AND VIBRATION THERAPY

15 minutes \$35 30 minutes \$60

A meditative journey using harmonic frequencies and resonance. By applying vibration therapy, this treatment realigns your internal energy, reduces stress at a cellular level, and induces profound mental clarity.

TRIGGER POINT MUSCLE RELEASE THERAPY

15 minutes \$35 30 minutes \$60

A therapeutic session targeting “knots” and areas of chronic tension. Through focused, deep pressure, this therapy releases constricted m

GUA SHA OR CRYSTAL STONE FACE MASSAGE

15 minutes \$35 30 minutes \$60

An ancient ritual for modern radiance. Using contoured crystal stones, this facial massage stimulates lymphatic drainage and boosts circulation to naturally carve, lift, and depuff for a luminous complexion

*Please contact SPA Reception to book your ELE|NA experience
All prices are in USD and are subject to applicable service charge and government taxes.*