

Vista Del Mar

Plant Based Menu

Summer pumpkin and ginger velouté
Young basil | EVOO

Asian style Vegetable Broth
Spring Vegetables | Soy | Tofu

Vegan Dim sums
spinach | Napa cabbage | Mushroom | Ponzu sauce

Butternut squash, quinoa steak
Tomato Fondue | caramelized onions | squash fettucine

Buckwheat risotto
Mushroom | Caramelized leeks | Balsamic roast tomatoes

Whole wheat - penne/ spaghetti
Sundried tomato and Basil Pesto

Cauliflower Fried Rice
Carrots | Beans | Green peas

Mapo tofu
Shitake | Edamame | Bird eye chilli | jasmine rice

Stir fried Morning Glory
Golden garlic | Light Soy | Ginger

Ginger Soba Noodles
Asian greens | Beansprout | Tofu | Peppers | Teriyaki sauce

Choice of steamed Rice
Jasmine | Brown